Lightsmith

Choose. Create. Live.

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Blessings. Greetings. As we join you in this time, there are two things that we notice. One is that there seems to be a kind of urgency, or push, that people are beginning to feel. The push is coming from a need to make a choice. The choice being given is to move beyond the old story of what you have known in your time on earth, and step into the new experience of creation. Many do not know that this is what the sense of urgency is about, and so they divert their attention, or perhaps blame or project those feelings outward.

There are many who have chosen to become self-aware or self-conscious, using methods that have previously been laid out through different practices or religions. These methodologies were laid out in the old structure of duality as pathways leading into this new experience. However, many get attached to the methodology, and then they wonder why they still feel as if something is not breaking through. They feel as if they are not fully free to be who they are, and to create the life that belongs to them. They may feel a kind of attachment to the methodology, or to the community connected to the methodology.

If you are one of those people who have used such methodologies or communities, and are now feeling a kind of urgency or push from within, then you may need to begin to relax the structures of the methodology, itself. The old structures that were laid out are like a path, and they do form pathways. They work for a time to move you along, but in order to move in the new energies there is a need to release all structures that have been laid down in duality.

There may be a little anxiety or fear that comes along with that choice, because there is a sense of security within any structure that is familiar. Those structures may be within your own consciousness, or they may have been adopted in order to make your transition into greater awareness. But, at some point it doesn't matter where these structures are from, as all structures laid out in duality must begin to dissolve and transmute into a more living hologram. Structures laid down in duality do not live. They may be structures of belief, structures of consciousness, old stories, old methodologies, or old dogmas. They are not alive, do not have an ability to be changeable and creative, and cannot continue.

Within the new living field, all structure is mutable and creative. The new structures are alive, can move, and can continue to be creative and creating. All structure in the new field is a hologram of living intention, and is unable to crystallize or rigidify into the kinds of forms you have known that created a false sense of security within the old story.

You are on a path of moving into fulfillment of what the plan of God has been about for this great planet you call Earth, and each one of you will reach a time during this year, whether now or later, where you will face those old structures and have to make another choice.

Each of you has a story, and each story crystallized and created pathways over and over again while you were in duality. You have been softening, healing, relaxing, and revealing. As you surrender those old stories, you are beginning to realize that you were conditioned to focus outside yourself. You were made to feel as if you had to relate to something external, or attempt greater control over something, or perhaps feel powerless, depending on how you related to it. Those experiences are now transmuting, and in this new story are becoming experiences of living consciousness, or living awareness.

Structure will continue to inform you in the new field, but it is not rigid, does not crystallize, and is so creative and alive that your body also begins to regenerate in its own awareness of what is alive and creative. Your body is also moving through this process this year, since it is the place where the structures from the old story have embedded, and lived out a kind of physical experience. If you find that your physical experience is challenged, then most likely it is an area of your body where there is some old crystallization, or old story structures that are not yet mutable and creative. These old structures still carry some of the old rigidity and lack of life. So, if you are challenged, then let the challenge move you into a new possibility of experience: physically, emotionally, and energetically.

You will also find that your minds will be challenged during this time, along with your bodies. Your emotions may be less affected, but it can depend on your make-up. If you are a very emotional person, then sometimes your emotions loom large, and they convince you that what you are feeling is most real.

In whatever area you feel the challenge - emotional, physical, mental, or energetic - allow your experience to make a direct relationship with the living field. The new field is mutable and creative with an organic awareness, and when you connect to it there will be an informing, almost as if you are sitting with this living information. It can assist those places in you that have felt fear and reluctance, or whatever might be your story of moving beyond that old place

Let the information come in. It's easier to make a choice when you have a sense of what you are choosing, or when you have a sense of something to move into or move toward. The living field is here, and it is available. Call it forth. Sit with, live with, and breathe it into whatever is surfacing in your system. Something is rising to consciousness so a choice can be made for something new, beyond where you have yet been.

YOU SAID THAT THE NEW STRUCTURE WILL CONTINUE TO INFORM US. WOULD YOU PLEASE CLARIFY THAT A LITTLE MORE?

The new structure is alive, intelligent, organic, and conscious. It's mutable, alive, growing, and creative. If you have felt some attachment to an old structure, the new field will inform that place in you that may have gotten a little rigid. That place may not have life within it, but it has felt secure, known, and familiar, and perhaps there was an attachment to it. If you can be aware

of the place that has held the attachment, you can begin to shift your focus into the new, living information, and then there is a way it can feel easier to release the old structure.

IT SOUNDS AS IF YOU ARE SAYING THAT NONE OF THE OLD RELIGIONS, BELIEFS, SPIRITUAL SYSTEMS OR TEACHINGS CAN GET PEOPLE WHERE THEY NOW NEED TO GO.

It gets them to a certain point. The tracks were laid out within duality, and they were laid out so they could be followed. And they have been. But, at a certain point those structures need to be released in order to experience the living structure that does not have beliefs or certain practices attached to it.

The living intelligence, the living information, continues to evolve and create, and it does not hold any kind of rigid belief or practice within it. It cannot. In a sense, it has to be free to continue to evolve, live, and inform in new ways. So, there is a kind of release of those places where there has been any attachment to a way, any attachment to a dogma or belief system, or any attachment to a learned practice that got you to the place where you now find yourself.

At some point, there is an informing of your own spirit, your own light within your own living, physical experience. It is you as Creator, and you just become that. You no longer need tracks or pathways. You become, you are, you live, you create. The Creator needs no dogma or belief. The Creator needs no pathways or practices, you understand?

AS YOU WERE TALKING, AN IMAGE CAME TO MY MIND FROM A "BACK TO THE FUTURE" MOVIE. A CAR WAS BEING PUSHED ALONG SOME TRACKS, TRYING TO GET UP TO A CERTAIN SPEED BEFORE REACHING A CHASM. THEN IT MADE A KIND OF DIMENSIONAL LEAP.

And so you start to feel some of that sense of urgency pushing against those pathways or beliefs from your old story. Then, there is a place where you become. That might be compared to the dimensional leap you mentioned. You begin to sense, feel, and know that experience, and then there is no longer any need for what led you to this place.

There are many images in your science fiction movies that are attempting to bring you to this leap, you might say. Through these films a person is taken into a certain situation, and you have to take a step and trust that something will be there for you. Then it shows up, and it moves you along in ways you never even imagined.

There are places in your consciousness now that are trying to get you to break out of even the sequential way that you think, at times. You are being challenged to allow your mind to be open in the moment for awarenesses and wonderings that leap into consciousness. Then you just know, and you have a blossoming inside of your experience. The awarenesses can't get in when you are so focused on what is next, what is next, what is next. Sometimes there is no 'next'. Sometimes there is just an openness to what you have not yet seen or experienced, and there is a sort of spontaneous surprise beyond what the mind is looking for.

You have no reference for this new experience, except for those places in your awareness that say it is possible. So, you have possibility that opens you, without really having a reference of

what will be the experience. But, you have moments of the experience. You have the becoming of your own fulfilled sense of being the creator within your life. Your awareness is shifting, and yes, it IS shifting. You are not doing it alone. It is larger-scale than any one person. You are doing it one-by-one, and as a group, somewhat simultaneously. For us, we consider a year to two years to be somewhat simultaneous. For you, it is a little stretched-out, but two years is not really so much.

I WOULD LIKE SOME COMMENT ON A COUPLE THINGS:

A PROGRAM CALLED "THE SECRET" HAS BEEN VERY POPULAR LATELY. TO ME, THE MATERIAL IS SOMETHING THAT HAS BEEN AROUND IN VARIOUS FORMS FOR A WHILE, EVEN ON MOTIVATIONAL BUSINESS CASSETTES I REMEMBER FROM DECADES AGO. YET, I CAN SEE THAT THIS PROGRAM IS ATTRACTING A LOT OF ATTENTION.

ALSO, I OFTEN HEAR IN THE "NEW AGE" OR CONSCIOUSNESS COMMUNITY THAT WE'RE MERELY RE-DISCOVERING WHO WE ARE, AND THAT THERE IS NOTHING NEW IN THIS PROCESS. THAT VIEW RUNS COUNTER TO MOST EVERYTHING I HAVE BEEN LEARNING AND EXPERIENCING. IT SEEMS TO ME THAT THERE IS STILL A DOMINANCE OF THE MIND THAT LOVES TO BE ABLE TO EXPLAIN THINGS IN TERMS OF QUANTUM MECHANICS AND PHYSICS, AND SO ON. YET, AGAIN, I SEE A CERTAIN POPULARITY, AND I'M WONDERING IF THESE THINGS ARE STILL THE TRACKS YOU SPEAK ABOUT?

There definitely need to be certain tracks laid out for people to realize first that they have already been creating their experiences, they have some potential to do that, and they can begin to practice. The Secret or other affirmation modalities use the mind as the vehicle to give attention to these new thoughts, or new possibilities of bringing the awareness of being a creator of your experience. That is a good thing, because many people don't realize that. So, to move into that awareness is a path, or a track.

At some point, you can't use your mind to do it. That is the pathway that is taught, exercised, and assists for a period of time. That is good, but at some point you have to move beyond that, because you cannot move into the new field with your mind. It won't work, using your will to focus all of your attention, trying to create from that place. You have to merge your soul within matter and life. You bring your great spirit within your embodied experience into a merger of life and light, and that becomes your experience. That then merges you beyond your personal experience, and beyond even an agenda on behalf of the collective.

Many people use their conscious minds to promote peace, or promote a kind of love in the field to assist something in a region of war. They all focus their minds and intentions in a certain way. There is some impact, because whenever there is a certain force of attention there is some impact. But, it is not what this shift is about. That is not the shift.

SO PERHAPS YOU WOULD THEN SAY MORE ABOUT THE NATURE OF THIS SHIFT.

You have been living within a field of consciousness all along, since even duality is a field of consciousness with a certain way of operating. Since it has more or less been the agreed-on form of consciousness, there have been splits created, including between Spirit and Earth, and consciousness while you were embodied here in the Earth. Regardless of when you embodied, you had that split as part of your experience. You may have had certain experiences through a mind or mental practice that brought awareness of self as creator, and maybe even a kind of mastery in certain lifetimes. You could have also had that experience while in spirit.

Now, there is another experience. The new experience is a fusion of light and life into an organic intelligence, a living information. It's not just a field of consciousness that has a certain structure that everyone agrees upon. It is animate and informing all consciousness all the time. You are learning to be that consciousness, and to allow it to fuse. You become living intelligence, you become the living Creator within creation. You no longer feel as if there is a separation. It is not necessarily a "oneness", as you don't lose your individuality. In fact you become more you than ever. At the same time, there is no need to have an externalized experience of yourself or with anything else including "God", do you see?

What is new in all this is the dimension of the fusion. It is now more complete, although it will continue to evolve. It is only the beginning of the experience that has been promised over millennia of time. On this Earth there has been an unfolding story. You have been part of the story within duality, within the separation of consciousness, the externalization of your consciousness, and now you are part of the story as you open to the informing love and informing wisdom that is your own nature, your own being.

So, there is a kind of release necessary at some point. Not everyone who reads this will be at the same place. We understand that. We are speaking particularly to those who are feeling this push, or pressure, and that they may be at the end of the track they have chosen in order to get to this place. And now, there is a bit of a leap in releasing those structures that got you here, and knowing that as you do there is an embodiment or fusion process. It is the fusion process that will bring you into this "becoming" experience.

I'M CURIOUS ABOUT HOW THAT CHANGES THE UNDERSTANDING OR DEFINITION OF CONSCIOUSNESS. WE USE THE WORD, AND YOU USE THE WORD, BUT I'M NOT SURE IT EVER GETS EXPLAINED VERY WELL. IS THE VERY NATURE OF THE EXPLANATION CHANGING?

It will be changing in so far as you experience it. Consciousness, as you move out of duality, has had a kind of definition. You could sense and see, and even give some verbalization to much of what you saw, felt, picked up on, or whatever it might have been. It was more defined and easier to translate.

The new field is less easy to define. You feel it, you sense it, you know it, you experience it, but speaking of it will be more challenging until you begin to have a language that emerges out of it. It will emerge in your collective experience. Certain words will emerge and catch on as a way of communicating. Simultaneously, your way of communicating will change to some degree. This change may be a generation or two away in terms of it being easy, but it is coming. When you have this living Creator/fusion experience, you are much more able to communicate at levels that are not all language, and things happen in terms of creation and

collaboration much more quickly and efficiently because there is not so much need to use the mind to explain it all, to understand it all, and then to process it in order to create. There is a shifting in how communication happens, as well, and you will use fewer of the old definitions to create.

But, there will need to be some language to express what is real and what is of essence, and that will grow or emerge in time. For example, now you have people who speak different languages in your world. They have different traditions and different cultures. That is part of their understanding of who they are, how they define themselves, and the language they use to speak, etc. However, when two or three of these people come together, they don't know how to talk to each other. If each of these people were fused in their own Creator within creation experience, they could communicate in ways that they would begin to "get", so to speak. They would not be bound by the language they were previously defined by. It's a bit like what we spoke of earlier. The structures are no longer binding or crystallizing, but are living information which can communicate directly.

So, all that is coming, although you are not there, yet. But, if we, and others like us, can at least give you a sense of the possibilities or some of the potential, then there is an awareness or openness to go beyond what is known, familiar, safe, secure, or practiced. You might even consider yourself an authority in an old structure. However, you might not feel like an authority in the new experience. You might feel as if you are floundering like everyone else. That is the nature of this shift in some ways.

IN MY UNDERSTANDING, JESUS WAS THE ORIGINAL MODEL FOR THIS FUSION EXPERIENCE, AND THE EXPERIENCE HE DEMONSTRATED IS WHAT WE ARE HEADING FOR. AS FOR THOSE OF US WHO ARE PRESENT OR WILL READ THIS, WHERE ARE WE IN THIS PROCESS OF FUSION IN TERMS OF COMING TO THIS MOMENT YOU ARE TALKING ABOUT?

Each of you is in your own experience of this fusion, and some of the time you have a sense of it. You feel the possibility living within you. You sense the release of the mind's need to understand, externalize, and put names on things, and you just relax into your own experience in the moment, opening to that living information that is present. At other times, there is a sense of distance, when perhaps an old structure comes forward and pushes you to become more aware of a choice in that moment to release that old experience. So, everyone is in a little different place, but you are all in motion in this time. We would say all are in some phase of the shift, some phase of the fusion.

This cycle, this year is encouraging and inviting people into making a new choice. And, since the soul knows there is the possibility of a new choice, there might even be a sense of pushing. However, it isn't the new field pushing, but rather it is the soul now urging to move beyond what has been the path leading to this new experience.

Things will change, and you don't yet know how. There is a way that you know that your soul is here for a reason. You have a sense of that potency and potential within your being to be Creator. You know it, and you feel it, though you don't always know the form it will take or how it will come forward. As it emerges, and as you sense the pathways of creativity or collaboration opening up, you find that you are creating within yourself an experience. You are

not just creating something external that you are gifting to the world, but within yourself is where you are creating this experience.

It is that experience that is blossoming, and it is the fruits of these experiences that take form, but they are alive, too. The fruits aren't rigid, either. The new forms, the fruits of your creativity, are also living intelligence and are also alive in and of themselves. They also have a life of their own, and also interact within the larger field, even if they are a product, even if they are a creation of your own insight or inspiration.

Perhaps we are meandering here......

NO, THAT WAS HELPFUL. THANK YOU.

There is a way of creating in the old story, and you had to use your intention, use your mind, focus it, and then bring your energy and emotion into that alignment. If you could hold all of that together, then you had some power and potency to bring something into form, in a sense catalyzing consciousness on your behalf.

That process took a lot of effort, and that was a kind of mastery that you grew. So, what if that was the mastery that was needed within the old story in order to grow certain abilities, but the new abilities are not going to be used that way in the new story? You have capacities, skills, and abilities, but in the new living experience they are drawn upon differently than how you learned them. That is why there is a bit of discombobulation at first, or a sense that you thought you knew, but now you don't. You wonder, how does this work?

Allow yourself to be with the questions of 'how am I to be in this experience', 'how can my qualities, skills and capacities open in this new experience', 'how are they utilized, how does that happen'. You do not know, before you have an experience of it, unless someone is very well able to experience and then articulate some of that so you have a sense of potential, but the potential only opens you to create your own experience of it, that's all.

Does this make some sense? We are using language, but we are also attempting to communicate somewhat directly.

[CHRIS] I CAN SENSE HOW SOME THINGS ARE SHIFTING FOR MICHELE AND ME. ONE OF OUR DESIRES IS TO MORE CLEARLY EXPRESS WHAT WE ARE ABOUT, AND I'M SURE THAT OTHER PEOPLE WHO WOULD READ THIS MIGHT LIKE SOME REFLECTION ON HOW THE FORMS MIGHT BE CHANGING AS THEY MOVE INTO GREATER EXPRESSION.

Language is still important, particularly during this time. Those that are in the process of the shift need enough language to understand the potential, so language is still important. You will continue to use it, draw upon it, and probably continue to evolve it. You will probably find that language serves you to describe something, or share something in this time this way, and then the next time it might have to be altered.

So, when you make up your materials, make up enough for a little while and then shift them. Make them mutable. Even things that you write, even books. If you can, make them mutable. If they are on-line and someone can download it, you can go in and add a chapter, delete something, shift it around, and the next person who downloads it will have a different experience than the one who did it yesterday. So, it's instantly updatable, or something like that. Or if you print out something, make it printable in such a way that people understand that this is a work in progress, it's an evolution. This is how much you know now, and if they are open to continued experience and evolution, or even dialogue, then this experience will evolve and this written material will evolve. There is no crystallization in the new field.

So, people are now creating on-line, yes?

WELL, YES. FOR EXAMPLE, THERE IS WIKIPEDIA, WHERE DIFFERENT PEOPLE CONTRIBUTE TO THE CREATION OF AN ENCYCLOPEDIA AND IT CHANGES ALL THE TIME.

It changes all the time, and that is a new, collaborative experience where it changes all the time. There are other things people are doing that are interactive. Someone might put up a track of music they created, but they invite people to play with it. All of a sudden there are 100 versions of this particular melody with everyone playing with it, doing their thing. And that is another creative thing that is not crystallized. People are a little afraid to do that, because they say that 'I won't get any credit', 'I won't get my patent', or 'I won't get to keep my money attached to this creation'. That will go away. That thought-form will not be able to exist, because creation cannot be bound. Just like beauty cannot be bound.

Beauty is a good example. Beauty has never been able to be bound or possessed. There has been a great attempt within duality to possess beauty, and even to possess people, but you cannot truly possess beauty. You can admire, you can acknowledge, you can be grateful, and you can be in awe. You can have an experience of beauty, but if you try to trap it, it begins to contract and becomes something very dense in your experience.

So, beauty is a good example of something in the new field. You can't attach to your creation and own it, because it crystallizes. You can create it, you can gift it, you can allow it to be shared by others and with others, and if they have experiences with it and they want to share it with you, then that evolves the experience and the product in some ways. So, there will be a release of that, just as there will be a release over time of the way resources and money have been binding. It all has to shift, because it has all become very crystallized, it's all very bound. And yet, you live in that because you are in transition. You have a certain freedom as you move into the new field, but you are also embodied in the systems that have not yet shifted. So, we understand that. The more of you that make this shift and begin to create and collaborate within this living field, the more of you that will begin to create these living information systems and begin to move into perhaps even collaborative experiences of how to support the life resources – things needed for life. You will create new ways to do that, but that is not all there, yet.

EACH OF US IN THIS ROOM CREATES SOME KIND OF PRODUCTS OR SERVICES, AND THERE IS THAT IDEAL THAT THERE IS ALWAYS SOME KIND OF LIVING EXCHANGE THAT IS TAKING PLACE. THEN, WE ALSO HAVE THE WORLD WE ARE COMING OUT OF, WHERE WE PUT A PRICE ON IT AND WE SELL IT. THEN

OUT OF THAT GROWS THE THOUGHT THAT WE NEED TO CONTROL HOW THAT HAPPENS, WHICH IS WHAT YOU'RE TALKING ABOUT.

HOW LONG BEFORE THAT CHANGES OVER? I WATCH PEOPLE IN THE MUSIC BUSINESS, OR VIDEO, OR HOLLYWOOD – EVERYBODY THAT IS TRYING TO CONTROL CONTENT AND HOW THEY SEEM TO BE UNABLE TO REALLY DO THAT. YET, THEY INTENSIFY THEIR EFFORTS AND THEN THOSE WHO WISH TO BREAK THE SYSTEMS INTENSIFY THEIR EFFORTS, AND ON IT GOES. HOW LONG BEFORE IT ALL POPS?

It is already not holding together. Perhaps it is still in effect, and there are laws that uphold these particular things, but it is not holding together. Particularly, because there are entire nations who don't agree to it, and they are part of the world community that are operating in ways that they designate is more free or fluid, and not bound by ownership. So, they copy the movies, they copy the music, they pass it out more freely, do you see?

There are some years, we don't know how many years, but some years during this transition. Our focus is not so much on those that are binding and holding and fighting to maintain the old story. Our focus is upon you, and upon those like you who are moving through this process of fusion and shift. That's where we pay attention. We don't even care to pay attention to the other, except to perhaps reference once-in-awhile what's going on there.

HOW CAN YOU HELP ME PERSONALLY? WHAT IF I WANT TO WRITE A BOOK AND PUT IT OUT THERE. I MIGHT NOT BE DOING IT AS A PROJECT TO JUST MAKE MONEY, AND YET THAT'S THE WAY I LEARNED IT, THAT YOU EXCHANGE IT FOR MONEY. DO I JUST PUT IT OUT THERE, MAKE IT DOWNLOADABLE, SAY HERE IT IS?

You can make it downloadable, but you can also have a certain charge for it at this time since money is still your support system. You are not abdicating completely what is still necessary within your system, and the living field is aware at some level of what is necessary for life. So, listen. Listen to the field how best to put it into the form, what is the appropriate exchange for now, are you inviting others to have communication or insights or any kind of collaborative experience with what you are putting out or is it just what you are saying? Is there a dialogue around it or not? All these things you listen for. How is this living information to be shared, and what is the exchange or the mutuality within that experience, because there is always a mutuality within this living field. If there is something you wish to designate as that for awhile, well then you will do so. Until you don't.

SO DON'T HAVE A DOGMA AROUND IT THAT SAYS IT'S THE NEW AGE SO IT'S ALL FREELY GIVEN?

Yes, that's another dogma. There is awareness of mutuality, and if you spend money to create your product, and then you give it to someone, there is a need for mutual exchange so there is a kind of awareness that this is mutual. Everyone you are giving it to is not in the new living field, not fused, so you have to still communicate in language that is understandable while still being free within yourself by listening to what that is. Do you see?

YES, CIRCUMSTANCES CHANGE DEPENDING ON WHO WE ARE INTERACTING WITH.

Yes.

SOMEHOW I FEEL AS IF THERE IS SOMETHING I'M TRYING TO MAKE TANGIBLE, SOME RELATIONSHIP I'M TRYING TO HAVE, AND I DON'T KNOW HOW TO ASK THE QUESTION. WHAT WOULD BE WITHIN MY OWN MAKEUP THAT I MIGHT BE ABLE TO LOOSEN UP SO THAT I CAN EXPERIENCE WHAT I DESIRE TO FEEL AND TOUCH, LIKE SOME TANGIBILITY I FEEL I NEED, SOMETHING THAT WOULD BRING ME CLOSER TO THE LIVING FIELD.

You feel things, yes? Very intimately and deeply, you feel them. So, when you feel what you feel, if you can relax into the experience without any need to interpret the experience. Just allow it, while staying open. Almost a sense that your mind doesn't grab the experience and interpret it, but you open the experience to what could be an informing awareness. And you sit there until there is a sense of fusion of the informing awareness within the experience you are having. That would be a way for you to open that field experience, that fusion experience. Then you can language it, then you can speak from that, then it can take form from there.

It is still the place within most people that when you are having an experience, you tend to interpret it or want to have an explanation for it, or bring your mind into a place of understanding. That often is what trips up and makes the experience less immediate, with more overlays from the past, which is familiar. So, it would just be a kind of practice of allowing your experience while opening to the living information that is present in that moment, and then moving from there.

SO THERE IS STILL A PRACTICE?

There is a kind of practice, but it's not very structured.

IN THOSE MOMENTS I DO OFTEN FEEL INFORMED, AND IF THERE IS SOMETHING I WANT TO SAY IT JUST SUDDENLY HAPPENS AND I DON'T KNOW WHERE IT CAME FROM.

Yes, there you are.

IT'S IN THE MOMENTS WHERE I FEEL TROUBLED OR PUSHED AND AM TRYING TO GET THROUGH, I GUESS THAT IS WHERE MY MIND COMES INTO PLAY OR SOMETHING AND I HAVE A HARDER TIME LISTENING.

Yes, so that would be a time to just be aware that the living field is present and is continuing to be informing, even if your mind is gripping around a certain thought, interpretation, or idea. If you can allow the living field to be present at the same time, then there is possibility of the one that is weakening, that will relax enough to allow the field to assist the dissolution, or release of that structure which is not yet mutable because it is bound in some way.

Jesus, and others who came to share their stories, some of them here in this building, they have a kind of way of bringing their experience, their story, through consciousness so you have an awareness of it. Simultaneously, they are communicating beyond the words, just as we are here, just as you do when you have an experience and you allow the living information to just be, inform, touch, assist, and whatever is happening in that moment that you need. And that communication is more alive than anything you can think or understand.

We say 'do you understand', and even the word understand is for us almost a question that doesn't fit. We don't have language for some of this, so we are using language that is old.

THANK YOU

Each of you has your own way of experiencing. We just reflected you, you see? But each of you has your own way of experiencing, of sensing, of knowing. It is your way, your experience. That place is what you open. Some of you are more emotional or feeling based, some of you have more of a sense of how things inform you. It is perhaps rather like a blossoming of awareness. There is a kind of thought or insight that goes along with that. Well, that insight opens your experience. You might feel excitement, you might feel almost a sense of serenity if it is a kind of awareness that opens that experience. So, the thought, the awareness, the insight, can open experience as well. Sometimes experience precedes awareness, and sometimes awareness precedes experience. It doesn't matter. They're actually fused.

I'VE DEFINITELY BEEN FEELING PRESSURE IN PARTS OF MY BODY. WOULD YOU PLEASE COMMENT MORE ON THAT, AND WHAT IS HELPFUL?

Yes, there is a kind of physicality now because of the old structure in the body and the matter experience. Breathwork is very helpful. Breathe the informing light, that sense of living information, into the areas of your body that feel this pressure. Just allow, even if you do not know all of what is releasing in terms of whatever has been bound. You don't have to be so conscious of all of that. If it comes, fine. If you feel the waves as it releases, fine. But, you don't have to go after it all. So, just breathe and allow this to begin. You are claiming the fusion. You are claiming your experience of Creator within creation on all levels and dimensions of experience, including your material physical body experience.

Allow the wisdom of your body and the communication that is already happening, your soul, to communicate with this dynamic awareness. You will start feeling little releases, almost as if there are pressure releases. You may have insights of different thoughts or places, but that is fine....continue to open.

Organically, your body is designed to regenerate. You know this. Cells know that they live for a certain time, and then some die and others are born to replace each other. They have a certain cycle. There is a kind of joy in the process – your bodies are designed to be mutable, so as this informing consciousness informs your own informed consciousness, your own physicality, there is a kind of dynamic communication and there is a kind of joy. And the joy amplifies, which enhances the capacity within the body for regeneration, natural regeneration. You don't have to take a hundred different supplements, or eat only certain foods, or exercise a certain amount of time every week in order to stay vital.

There is a certain amount of genetic awareness in those who are doing scientific research to extend longevity and lifetimes. It is interesting that this is also surfacing. They look in the genes, and they start to realize there is a lot of information there. They think that they understand it, but they don't realize how it communicates. Once the scientists begin to realize how genetic material, or DNA, communicates, it will be one of the big revelations and it will basically open up a whole other realm of discovery that will lead everyone beyond what is almost an antiquated awareness about the body.

OKAY, HOW DO THESE GENES COMMUNICATE?

Well, directly. It's like the field. They have a certain way of vibrating and communicating. Because they are alive, there is a kind of experience. You have a conscious experience, and so does DNA, and so do your cells. There's a certain consciousness there, a kind of awakeness and alertness. It may not think and form thoughts, but it is a conscious experience, and a feeling experience. So your DNA communicates directly, almost as if it passes information to other cells that are nearby. Your organs, for example, first have more communication among those cells, and then into the larger body, as well. Organ to organ, cell to cell, etc. At the same time, if there is more joy, if there is more amplification of that experience, the communication is clearer, is faster, is more effective, and more alive.

HEY, IF WE COULD CORRELATE JOY TO LONGEVITY, WE MIGHT HAVE A CONVINCING ARGUMENT FOR MAKING THE LEAP (laughter).

There is a certain natural longevity of living as Creator within creation. Again, certain ones who are now being born into this new field will have greater longevity in some ways, because their cells will be informed from the beginning. Then that communication begins to inform them throughout their experience.

Some people are probably naming this ascension. They don't know any other language, and so they name this fusion 'ascension' as if matter and spirit are joining as heaven on earth. For a while, many people thought ascension meant leaving their body, or leaving the planet. Now there is a new awareness of fusion that is moving into consciousness. That is good, that is clearer, that is truer of what is taking place. And yet, that word is not accurate in terms of what is taking place. Again, language being what it is..........

You are not ascending. And Jesus didn't ascend, either. That was somebody who named that. Someone put language on that experience. He was the experience of fusion, of light within life. Of animate matter, we would say. He illustrated and became that. He became Creator within creation. That was his job, his choice, his part. He was saying, 'here, I am the model, and I set up in some ways a kind of path within duality'. Yes, the path got very crystallized and rigidified, and denied half of consciousness that is the feminine, the intuitive, the inner. Well, that was part of the old story. But, he still did it. It was still here for you as a model. There were others who had pieces and portions of the story, and they laid out tracks in some ways. But that was also in duality.

Now, you can look directly to the fusion that was illustrated in Jesus and those who had some experience of it because they were in his field. Some of you were there, so you had sort of a practice experience to begin that "countdown" for 2000 years into this time. But you can go into that experience directly, and that is also communicating. It still communicates. That experience of his fusion has never left consciousness. It is still viable and able to be fully contacted in your living awareness.

THERE IS A STORY GOING AROUND THAT THE BEING THAT WAS JESUS HAS RE-EMBODIED AND IS NOW LIVING ON EARTH. ANYTHING TO THAT?

Not likely. It is another way to externalize, with the mind desiring to have someone to look at that then is somehow a leader that they can follow. That externalizes their attention, and oftentimes they are not in their own experience. So, anything that externalizes attention, whether the claim of someone to be a master embodied, or someone that says I know the way and you are to follow me, those things are no longer a part of this fusion. They are part of some story that continues to unfold from the old tracks.

IS THERE SOMETHING SPECIFIC TO ME AS YOU HAVE HELPED OTHERS REGARDING THIS FUSION?

You, too, have a capacity to feel. Allow your experience of feeling without an interpretation of it, and allow that feeling to open, almost as if it can magnify within your own experience, your feeling. So, if you are feeling delight, breathe into it and let it get bigger. If you are feeling an experience or even a desire to know someone more deeply, then breathe into your desire to be more connected and intimate, feeling that sense of sharing. Allow it to grow without needing to interpret it or understand it as much as feel it.

There is a kind of awareness within feeling that brings to consciousness something, and then you can speak it. You speak, you still have consciousness, and you still translate it into the mind. For those of you who have the capacity to feel, your experience as Creator within creation can start there.

HOW ABOUT PEOPLE LIKE ME WHO AREN'T AS IN TOUCH WITH THE FEELING ASPECT?

Well, we spoke to you a little earlier, although we didn't say it directly. You get insights and inspiration from the field, and then that inspires feeling. So then you get excited.

YES, I DO HAVE A GOOD TIME WHEN I'M GIVING FORM TO IDEAS.

So, the way the field informs you isn't directly through feeling. It is through the other side of the experience, which is the consciousness. So you use that aspect to inform the feeling, which again is the fusion of light and life. Consciousness and emotion, you might say, are the places where they meet in the fusion. You're just moving in from another angle.

YES, I GET IT. I'VE TALKED ABOUT LIVING IN THE LEAP FOR A LONG TIME. AT THE BEGINNING I THOUGHT I WOULD LAND SOMEWHERE, BUT I'VE DISCOVERED THAT IT IS BEING IN THAT PLACE WHERE ALL POSSIBILITY....

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YES, LIVES. AND I DO HAVE QUITE A BIT OF FUN WHEN I'M EITHER GIVING WORDS OR VISUALS TO IDEAS. IS THERE A WAY THAT I CAN BE MORE A PART OF THAT.

Breathe into the desire to be more a part of that. Let the field inform that desire, to continue to open it to create more, so that you are the creator of it and you are not standing there waiting for someone to knock on your door. You are utilizing your desire, which is an experience, and you know some of what you like, what's happening now that is giving you that experience of the fusion. You just open to more within your nature, within your desire.

We don't know how to say that, except you have to practice it and try it, and get your own experience of it. We really don't know how to sometimes direct your attention in some of these ways.

I HAVE SOME IDEAS. THANK YOU.

It has been our great pleasure to be with you today. We do our best to articulate some things using your language so that your minds have a way of translating it into experience. And yet, our participation with you is also direct, and so there is a kind of direct communication and we don't have to only rely on the translation through the mind and then into experience. So, we and many of us are directly accessible within this field. You don't have to meditate, you don't have to even feel as if we are someone that is far away. It is more as if we are collaborators within this field, just as you are with each other.

We have certain awareness or skills that may be drawn upon in moments that you need us, and other times you will draw upon others that are close at hand....your friends, or those in your physical experience. Or perhaps through your world wide web you might find yourselves collaborating with those in other countries or other places that are now also in this fusion experience. There will be a kind of celebration that begins to magnify as each of you and all of you begin to find your way into this new living experience, this new living creation.

You, each of you, chose to have an experience while embodied, while alive in this time so that you could in some way know that your participation within duality was worth it, and you might realize a kind of fruit, or harvest. You have perhaps been aware, at times, that what you were bringing into form, into consciousness, was to assist the evolution within duality. And yet, your own experience IS the harvest for you. It was promised, and you ones have said 'okay, I am here to experience the fulfillment of that promise'. So, BE that. BE it. Become the fulfillment.

That is all.