



Transcript of New Year's Channeling, January 1, 2006

Channeled by Michele Mayama at the Lightsmith Center, St. Paul, Minnesota

Blessings, greetings, happy New Year. It is our great joy, our great pleasure to join you in this new cycle of life, new cycle of creation. It is also a new cycle numerically as well as in your spirit.

We suppose you expect us to talk about what's going to happen, eh? [group laughter]. Of course, we don't have all knowing. We have perspectives and a sense of what is unfolding, and we have a view of a few million different things that your conscious mind might not be aware of, so we add in a few things that you might not always see on the ground level. Still, all we can say is what we see in the moment and what seems to be unfolding.

It is to be a very good year for many. That is your choice, however. It is a year where what you choose in every moment and where you put your focus will determine how you feel and what you create. It is practice time for conscious creators; those who are embodying and bringing more of their souls into this physical, alchemical experience. It is your time to practice. What does that mean? Well, there are different choices every day. One choice is to go with the flow, which at one point you might have all thought that was pretty good. Yes? Go with the flow, don't try to push the current, don't try to control it all. You learned to let go and go with the flow. Well, that was a phase. It might not work as well in this upcoming creator practice time.

If you think you are going to wait until something happens so that you can go with the flow, everything will wait with you. And you might wait a while. You might grow frustrated waiting, and then decide to take some action. That action piece aligns action with awareness, and that is your practice. What do you feel, what do you sense, what do you know, what seems to be the current of your own life and your own day. Then, how do you align with it and how do you proceed. So, you wed your feminine with your masculine. You wed your receiving, your sense, your intuition, and your knowing with your action, your planning and your proceeding. You understand?

When there is something moving through a lake, such as a boat that you are propelling with oars, you create a wake. The wake goes out behind you, and if anyone else comes along they are affected by the wake. What if you are forming a sort of wake in your conscious creator practice? You not only form an energetic wake that is set into motion for you, but you affect others because this is a living field. The living field is not pre-determined, and that is something that all of you need to understand. It is present. It is all present, alive, organic, and full of what you might draw to yourself as wisdom, knowing, and the materialization processes. It is full. But, it needs to be activated by conscious creators, otherwise there is no way for it to be utilized and brought into expression and form. You are the conscious creators, and this year is one of practice.

Practice strengthening and opening your core so that more of your soul embodies. As you strengthen it, you begin to feel more and more here, present, and able to proceed. That is for those who are conscious and growing conscious. You will have practice. Sometimes you don't always learn right away, yes? Do you remember when you were two, three, or four, and you were practicing and learning new things? Sometimes it took a little while, and sometimes you got certain things more easily. So, give

yourselves some time as well as a gentle compassion for those times when you don't quite know what to do, or you don't quite get the sense of it. Perhaps you don't know how to proceed, and that is okay. You will grow in your awareness and in that dance in creation.

However, everyone is not conscious, are they? Perhaps you've looked around a bit and seen a little unconsciousness operating? Or maybe magnified a million times, or a billion. There are many people in this planet that have not yet grown to awareness. They still believe the reality of the old structure of duality, where there is a split between good and evil, there is me and other, and then there is all the fighting and competition, etc. That is a frame of reality, a structure of reality, and that is what they perceive to be real. That is still operating because many people give it energy and life. It is operating, but it is beginning to fray, and in fact it has frayed quite a bit. It is rather like an old computer operating system that has a few bugs, so periodically it breaks down, and breaks down, and breaks down. You will see in this year more breakdowns in that operating system, that reality system. As it breaks down, there will be those who begin to look around and perceive that there are other choices. That is where those who have gone ahead will begin to have an effect. You will be providing some of those new options. You will need to be visible enough so that those who are looking can find you. You will start to find yourselves moving into your part so that you can meet others who are seeking in ways that they have not yet sought: for explanations, for awareness, for another way to operate and see.

The dying duality structure is not going quietly or serenely, it is going with a lot of fight. Therefore, you will also see more upheavals and things that are more spontaneous than planned, where there is an emotional charge in an area and it explodes. It may not be as planned as where a country goes to war on another country. That is a planned war, in a sense. Some of that is still operating in the world, and some of those areas may begin to find processes to bring resolution, and others will stay stuck. That is going to happen, but you will see spontaneous upheavals rising up from within groups of people who can no longer stay in the place where they have been.

You might see upheaval in ways in the United States, where there are many pockets of frustration. People have been putting up with things for a long time, yes? Can you sense that frustration in your own awareness? Those of you who have more consciousness know a little more how to process emotions or feelings. You open them up, you find a place where you can come to greater consciousness, and release as well as act on your own behalf. Those who are not so conscious do not have that option. Yet. So, there will be some upheavals. Upheavals, however, lead to the possibility of change. So, if you find yourself in the proximity of an upheaval, or you sense yourself able to be of assistance, these places will lend themselves to change and to healing, and to bringing awareness. Sometimes something has to pop in order to bring about a change. Sometimes there is a crisis that precipitates transformation. You know this, yes? Maybe you have had a bit of it in the past, here or there? So, you know that, but on a collective level that is going to happen more than in the past. So, one theme is the upheavals this year that bring the possibility of change and transformation.

Another theme is money. Interested? [laughter] The system of money and economics that was established in duality has been very specific about who gets money and who doesn't. You might have felt that you were in the not-so-gifted category at times, yes? But this year the living field is opening up a way to draw in resources so that what needs to materialize and come to form has what is needed to do so. This living field is also about fulfillment. Many of you have had incompletes because there have been ways that you have processed from the past. You finished your karma, you opened up the process of who you are, what is your awareness and how do you evolve that. It has been very self-oriented, however, has it not? The process of transformation takes a lot of self-awareness and self-orientation.

As you open up to creating, you find that creating is actually a different process. It is not a self-transformation process or a self-oriented process. It is about wholeness and the process of being a part of, living within, creating within, and dancing with. It's much more dynamic. You're moving out of the self-orientation and the transformation on a personal level, and are moving into this larger dance. It excites energy differently. It also opens the sense of magnetism for resourcing the new creation. So, as you move into this next cycle, you are able to also transform your own way of operating with money. It is not only so much that you look at it in terms of self, but you actually open up the dynamic that can

resource you and what is coming through you into this new living expression and the dance of life. It is something that you begin to feel, sense, and work with a little differently than in the past. It's not about survival. That is the way money has been worked with or anchored in the past. It is not about survival, but is about living and bringing things to life, to birth. It's about magnetism and the dynamic.

We would like to invite all of you present and listening, just for a moment, to take a couple breaths and loosen up a little bit of the old money structure and how that has bound or influenced you one way or another. If you have not had so much money and have felt a sense of contraction or lack, that is one part of the old structure. If you have had resources, you may have felt that those resources have been pulled on or others have wanted things from you. You may have felt a need to preserve, control or keep it in a certain pile, or piling up. That is another part of the structure. It's not dynamic. Relax and release old money structures in the belly, in the hips, and in the legs. Give yourselves permission to relax any patterns, thoughts, or beliefs you may have inherited around money. Perhaps you had parents that lived through a depression, or who labored for a living. Relax, and give permission for these patterns around money and resources to release. Using the color of blue-violet will help you. Blue will help clear the mental field if there are beliefs. Blue-violet will help the old structures release and resolve.

And now, open through the beautiful, pulsing root at the base of your spine, plug it in to life, and begin to feel the dynamic of this living field as it starts to magnetize resources. Money is part of it, but not the whole story. There is a very luscious feeling to it; luscious, abundant, and fruitful. It also is in motion and dynamic. Have you ever met a very charismatic person, or feel your own charism opening up at times? There is a certain quality that is part of this dynamic for attracting, as well as working and creating with money, or currency, or life. Life as it takes form for you, life as it manifests and materializes for you, but within this larger field. It's a dance.

So, imagine a new relationship with money. You are going to create a new experience. Remember that you are the creator, and number one for this year is practice. You are beginning today to set up a new field, a new structure to practice creating resources or creating in life. You are practicing to be part of the dance of creation in your way, with others. Open your hearts, and open your souls. What is your fulfillment in life? What brings you the sense that your entire being feels a YES, a satisfaction that this is truly aligned with who I am. Your souls know what fulfillment is. Your hearts know fulfillment, and they also know longing when your choices are not aligned and are not fulfilling. Longing vibrates in your core, as does fulfillment. When longing vibrates in your core, it creates a sense that you are incapable of creating what you are longing for. When the creator part of you partners with the mastery of your own soul's awareness of what is fulfillment, then your core vibrates differently. You start to paddle your boat differently, you start to have a sense of a different wake as you move and create.

So, sit up straight. Feel as if your head is aligned with your pelvis, and open that core place in your center, that column of your own soul's embodiment, and first claim that you are creator and that you do have the power to create fulfillment. First, there is that awareness. Breathe that in, relax, and let go anything that says you are powerless or don't have any ability to do that. That is not the truth. You have the capacity for creating fulfillment, and you are claiming it and growing it. Why did you just spend all of these years transforming and becoming conscious? It is your birthright. So, first you consciously choose that you are creator, and then you also bring your blueprint from your soul's awareness.

This map is what gives you a sense of what is in alignment with you and is a YES. It tells you what feels full and fulfilling. Let that also fill your core. Whether you have an image of it or not, in this next month you can open to receive more awareness of what is aligning, what is fulfilling, what vibrates your core. What rings your bell, you might say. You can begin to sense your true power in your core. Not the false power from the old operating system, but the true power to create your experience, your life, and this new creation that all who choose are part of at this time.

So, vibrate your core as if you had strings like a guitar or violin. You can begin to tune to different notes, or different qualities that are your own. This year is one of opportunity because of certain alignments with other planetary structures, as well as energetic relationships, the strength of the living

field, and the participation of many more who are choosing to enter this field and, in a sense, expand it. The opportunity this year is one where you can create more and more and more clarity of the qualities of soul that are your own. You become more yourself than ever. Not separate from others, but more who you are. You will begin to feel what qualities are your strings of your instrument. You will begin to sense and know how to be present in different situations where in the past you might have been here, but not really here. You will be dynamically present. It is as if your instrument is being strummed in the space, so to speak, creating a particular presence with what is ringing out into the field. You are affecting it. You are creator in that moment. You don't always know consciously what is to be created, and that is not necessary.

The old program of how to be a conscious creator was always to set your intention, think what you want, keep it in mind, and then set course from that direction. That is not the way the living field works. The living field operates from presence: how present you are, how aware and conscious you are, and the clarity of your presence. So, you show up, you stand in that place with your creator awareness, and you pay attention. As you pay attention, you become aware of ah, this is happening, and this is happening, and this is happening... hummmmm. You might feel inside that you begin to strum the quality of love or compassion. You strum it, you allow it to expand, you allow it to vibrate, and allow it to be present greater than before. Perhaps there is a frequency of beauty. You know beauty inside and out. You feel that in this place beauty is being called forth. You allow that string to be played. It magnifies and affects the field. You don't always know the outcome, and it's not always for you to know. You are the conscious creator by being animated, present, aware, and conscious in the moment.

Intention only serves you when there is an awareness of something than needs to draw many things together to come into form. For example, this building. [reference to the Lightsmith Center where the channeling is taking place] It is in the process of coming into form. There is a kind of intention to bring it into completion. That lives in the field. It also helps these ones [Chris and Michele] and anyone else participating to know what is next. They perhaps can tell you stories about that. That is where intention is living. It lives in the field. You can no longer hold intention in your mind and make it do something any more. That's duality, and that is where you needed a strong will. You wedded your will with your mind, and you made it so. And you did so within the old structure, because that worked there. That is why this year is about practice for many of you. You're used to doing certain things certain ways. You might find it interesting to try it a new way. And don't expect perfection, because there is not such a thing in the new living field. Perfection is a concept of the old operating system, and that may be difficult to hear for many of you who have sought perfection. Or perhaps you thought there was perfection at some level and all you needed to do is tune in to it and it would all be perfect. That word might lose a little bit of meaning for you in this new field, partly because the new living field is much more organic, alive, ever-present, ever-moving, and ever-changing.

Perfection is sort of static, and it doesn't lend itself to a lot of aliveness. Therefore, how does spirit in your embodied experience know how to be aligned with what is optimal? All you have to do is relax, because the living field knows what is of great optimal life in every moment. The more you relax and have fun, the more you enjoy. The more you enjoy, the more you magnify and the more you create. It is kind of fun, yes? You used to learn the principles, and now you live them. You are principles, and some of them are being tweaked.

So, we've been focusing on the conscious creator aspect primarily, a little bit on what might be taking place out in the world and the upheavals, and some perspectives on money. Perhaps you are curious about the great mother and transformation within the planetary experience. Well, things are heating up. Human nature, especially in the old patriarchal structures, had a sense that if there was an immediate response or immediate pleasure, then it must be good. And, if it made a mess, then someone else will clean it up. Before the old structure completely disintegrates, there is a re-engaging for certain people about responsibility. Some people have felt that they had no responsibility for the messes they have created, and that they would be passed off. This year you might see that those things begin to come around to those that it truly belongs to. There will be more and more of a sense that what has been hidden or shoved away will come into view.

Your media is actually starting to wake up. It doesn't look like it quite yet, but there is a new

generation coming up of people in their 20's and 30's who have a great deal of passion for bringing responsibility to those that it belongs to. They are doing their homework, you might say. They learned that in order to bring something forward they have to be thorough and need to have all the evidence. They are very thorough beings, many of these 20 and 30 year olds, because they know that to ignite truth, or a sense of responsibility where it belongs, that they need to be able to do so with integrity.

Some of the first waves of these intelligent children that are now in their 20's and 30's are standing up and beginning to come forward. Some of them are in media, some of them actually want political positions, and some of them are in the sciences where they will bring forward certain things that will bring solution or resolution to some areas that are still not resolved. That will begin this year, although there are many years of that yet to come. But, this media shift you might see this year. You may see new names coming out that have their homework done about some of those who have not taken responsibility for what they have done, and the consequences coming back to them. Some of that will happen. Instead of gloating, which you may feel like doing [group laughter], another option would be to celebrate the completion you are witnessing. In order for the old structures to release, there needs to be completion within that structure. If there is not completion then there are many loose ends, and that is not very tidy in terms of a transformation changing the structure for creation.

The new matrix, the new field, does not want to pick up all of the loose ends. It wants to create new things, not just clean up the old. Therefore, the old structure needs completion, and you will start witnessing that this year. Celebrate it. Gloating is one thing and is sort of a personal place, but it is not a very high frequency. Celebration of completion, however, brings you into a greater awareness of what is true and what is really happening, and then it vibrates clearly. When you choose your emotional state each day, start to play with what frequency you are playing with. It's okay to feel things, because you have to if they are there. If they are releasing out of your body, then you have to feel them to release them. But also know that as you release them, the frequencies of the strumming in your own core are what are vibrating the old out. Those are the frequencies that you are vibrating most truly and most clearly, and they just keep magnifying and clarifying, magnifying and clarifying, magnifying and clarifying.

So, we have talked for a while. We know some of the questions you are going to ask, so we'll let you ask them [laughter].

THERE'S A NEW PLANET THAT HAS COME INTO THE CONSCIOUSNESS OF ASTROLOGERS AND ASTROLOGICAL TYPES. I HAVEN'T READ ANYTHING YET ABOUT THE PROPERTIES OF THIS PLANET AND HOW IT MIGHT AFFECT OUR KNOWLEDGE OF ASTROLOGY HERE IN THE WESTERN HEMISPHERE. DO YOU HAVE ANYTHING TO SAY ABOUT THAT?

Well, it is synchronistic at least, if not more, that you are making a discovery of another planetary body that is simultaneous with a new creation structure. In a sense, there is the opportunity to bring about greater consciousness and that creative energy. Life here is a very precious gift. Perhaps each day you don't always thank your capacity to experience it and to be embodied. It is a very precious gift. Some people may think that there are many planets like this one somewhere out there, and that you just haven't discovered them in some galaxy somewhere. It's not true. There aren't so many like earth. It's precious. It is unique in some ways, because it undertook to be the focus for the grand experiment to marry spirit within a conscious embodiment. So, there is a certain place now where this relationship with the earth, with other planetary bodies, with the sun, and with the new planetary body adds a certain dimension to consciousness, almost as if it interpenetrates.

CAN YOU TALK A LITTLE BIT ABOUT CHANGES THAT MIGHT HAPPEN IN THE SCHOOL SYSTEM OVER THE NEXT YEAR THAT WOULD BE MORE LIFE-GIVING TO THE KIDS?

The children, especially the new children that have the new vibrating structure, are not doing so well in the traditional systems. Perhaps some of you have been hired by the system to be sort of consciousness implants so that you can be with these children, so that they know someone knows them and sees them. That gives them a touchstone to themselves. Systems are gradually coming to the

awareness that there is more and more individuality needed in order to bring support for evolving the many gifts of these children. How can a system be individualized with many, many children? Well, actually it's already been done. It's just that in the systems where there is a crunch of money and not enough resource applied to the children's education, then you see large classrooms and homogenized learning. So, it is a re-application and prioritizing of resources, rather than moving it out of the community and giving it to something else, such as the war machine, for example. People begin to realize that the souls of these children, those that are coming into embodiment, deserve the freshest and greatest attention, and they deserve the best.

Proceed with what is yours to do, and if you continue to do what you are doing and create a few wakes in your action plan, you will be aligning with children, even if you don't have any of your own. You will find them, and they will find you because they are part of this living field. Some new structures may be created. Others might find themselves drawn into a system where they can make an impact, and still others might find that they begin to be heard as they speak on behalf of what is important. You probably won't see radical changes this year, but some of you may see some progress. The changing of institutions is a little slower process, and it doesn't happen in one year.

I WOULD LIKE TO ASK HOW OUR EXPANSION HERE IN THIS CREATIVE ENERGY AFFECTS OTHER PLANETS AND ASPECTS OF OUR UNIVERSE.

Well, since this has been the focus of the grand experiment, it does affect the whole. There is a way in which even though you are unaware of it, there have been many things learned in the unfolding of this planetary experience. It is millions of years old, and has been a large undertaking. Much is already being passed on to those in other places. Also, you are not fully awakened, and this planetary experience is not yet completely finished. The new matrix is present, you are choosing it and it is growing, but there is still a ways to go. It has not yet taken form and fully vibrated itself into a new creation. That is still happening, so you are still in an infancy stage of that. As an infant, there is rejoicing and celebrating, but you don't have as much impact yet as you will in the future.

THERE IS A LOT OF DISCUSSION ABOUT ERADICATING HUNGER AND POVERTY FROM THE EARTH. DO YOU SEE OPPORTUNITIES FOR THOSE OF US WHO FEEL CALLED TO HELP MOVE THAT DIRECTION FORWARD?

The places where it is already most powerfully happening are the places where those in poverty are being given the base of support that they need to begin to feel a sense of their own empowerment. Poverty often goes with powerlessness, where there is not a sense of a way to sustain life. A great duality has been created with great power on one end and great powerlessness on the other. And often, great wealth and great poverty go hand in hand. The systems that created that duality are now losing energy and integrity.

Wherever you can, empower people to draw upon their own inner awareness and begin to sustain life through whatever means are available to them. For example, these means may include giving loans, or animals, or seeds to people so they can begin to do what is theirs to do. They may need to be taught to do it in an environmentally friendly or sustainable way, where there is education combined with resources and support. Not doing it for them, but allowing them to be sustaining their own lives and then growing their own strength, their own core. With basic poverty or hunger, where there is not enough to eat, then people are in survival. If the only way to survive is to depend on someone else, that is not an empowering, sustainable solution. It is temporary. The whole picture needs to be addressed, and not the way it has often been addressed in the past.

There is a movement that is growing, and it is moving from place to place. You will actually find some enlightened places, even in the midst of great duality or split, where people are growing new structures, new forms, and new opportunities. Life is growing there, and wherever that happens life takes hold.

COULD YOU PLEASE SAY MORE ABOUT THE GRAND EXPERIMENT THAT IS TAKING PLACE HERE ON EARTH AS OPPOSED TO OTHER PLANETS AND OTHER CIVILIZATIONS?

Well, we call it the grand experiment. There is a consciousness that you call God, creator, or whatever, who has been moving within all of what you have experienced, because you are part of it, and also that. But it has been an evolution within the body of this mother planet to sustain a quality of love that would be able to bring together very different and even dissonant aspects of the universes into one place. For example, you have this story that keeps repeating where first there are many different cultures, and then the cultures start to intersect such as in the United States or Europe. Then these cultures begin to weave in a whole new way. That is the story of this planet. Some of you are souls that have come from different dimensions and planetary experiences. Some of you weren't here originally but were implants, and some of you did originally evolve through here. All of that brought many different qualities and evolutionary paths together in one unfolding story. This was an experiment of bringing the input of many different universes here, and the quality of love that has sustained the evolution here has been a part of the experiment. The living intention was to grow consciousness within a human body to allow the creator to wake up in creation, and to also then create from inside conscious being, such as yourselves. So, that is happening.

The structure of duality grew individuation of consciousness. You became individualized. The end of duality for you was a very intense focus on yourself, was it not? You had to stay focused on what you needed to grow aware of, and so there was an intense focus. Or you had an intense focus on something or someone else, but that was split from self. So, part of this time now is a shift, which is what was always predicted. But it is an alchemy where your DNA alchemizes with light as the spirit enters. Much of your DNA begins to activate, or trigger, and you become conscious creators. Now, how does that happen? Well, that's part of the experiment, and no one really knew for sure how it was going to happen. Earlier on was Jesus, or Yeshua, who was a plant with the ingredients or blueprint for this time. Others also came who would bring the blueprint, embody and vibrate it, and then set into motion another wave. There have always been spirit beings that have embodied at certain junctures in this experiment to bring in what was next. Now, this whole structure is growing and it doesn't need specific individuals to embody. What it needs is for all of you to embody.

I HAVE A QUESTION ABOUT THE ELDERLY POPULATION. MANY OF US HAVE ELDERLY PARENTS WITH WHOM WE ARE INTERACTING. IS THERE ANYTHING WE CAN DO TO ASSIST THEM, OR ARE THEY DOING EXACTLY WHAT THEY NEED TO BE DOING IN THE PATTERNS THEY ARE IN?

Most of them are not going to be doing a lot of transforming at this time. Their patterns are pretty crystallized, and their bodies are not designed to bring in more light. So, they are gradually releasing their light, so to speak, into their spirit. They will take with them, however, some of the genealogy of duality. Rather than doing the transformation in their body, they will take with them some of the patterning and crystallization, and those patterns will not be re-embodied. They will work with those in spirit. They gave you birth, and your job has been to do it in body. You bless them by being who you are and doing what you do, and they will feel the blessing of that. Their part was to give you birth and bring you in, even if they did not feel like family or feel resonant at times. Your part was to do the transformation. So, bless them. You might give them some gratitude and appreciation for their willingness to bring in a soul that they would not understand [group laughter]. It took some courage on a soul level for them to do so, so thank them, appreciate them, and let them know at some level that you do understand their courage and willingness to take on something that would sometimes challenge and stress them because they could not understand you. Most of them will receive their blessings on the other side.

I RECENTLY WAS WORKING WITH MY MOTHER WHO WAS ABOUT TO TRANSITION. I DID A SERIES OF CLEARINGS WITH HER AT THE SOUL LEVEL, AND IT CREATED A VERY TANGIBLE CHANGE IN HER, AND SHE DECIDED TO STAY LONGER. I'M PRETTY MYSTIFIED BY ALL OF THAT, AND I'M WONDERING IF YOU COULD GIVE ME A PERSPECTIVE?

Well, they have a certain way in which lingering gives them just a little more opportunity to drink in a little more, absorb a little more, transform a little more karma, or whatever. Then there are those who practice leaving. Just as there is false labor, there is also false dying, so to speak. You start the process, you do it a little bit, you try it out, and then you get better. And then you may do it again, and get better. Oftentimes it is either that souls are still absorbing and trying to do a little more here,

or they're just in a gradual practice run and that's the way they're exiting.

AND THEN THERE IS MY MOTHER WHO CANNOT LEAVE FAST ENOUGH. SHE'S NOT AS ILL AS SHE WOULD LIKE TO BE. I MEAN, SHE WANTS TO LEAVE. DO YOU HAVE ANY WORDS OF WISDOM FOR HER IN-BETWEEN STAGE?

We suggest that she trust herself, trust the process, and relax a little more. Wanting to leave is actually not going to make it happen. It doesn't. What happens is that when you are focused of wanting to leave you miss what's present. Oftentimes the soul is yet trying to gather something. Gather and complete in ways that the mind might not fully see or understand. So, if a personality can relax and every day open to what the soul is bringing to consciousness or creation for completion, then that speeds it along.

I WANTED TO SAY THANKS FOR COMING AND SHARING ALL THIS WITH US. I REMEMBER LAST YEAR AT THIS TIME, AND FOR ME IT WAS KIND OF A FEELING OF DREAD THAT 2005 WAS GOING TO BE DIFFICULT. WHEN YOU WERE TALKING ABOUT THE ELDERLY LEAVING, I WAS THINKING ABOUT HOW MANY TIMES I HAVE FELT LIKE I JUST WANTED TO BE DONE WITH ALL OF THIS. THE MESSAGE THAT I'M HEARING TODAY, HOWEVER, SOUNDS LIKE IT IS ONE OF A YEAR OF PLAY. WE CAN LOOK AT IT AS PRACTICE, OR WE COULD LOOK AT IT AS PLAY. FOR ME, THE WORD PLAY BRINGS IN A WHOLE DIFFERENT CONNOTATION. I DON'T REALLY HAVE A QUESTION, BUT I'M JUST REALLY EXCITED FOR A YEAR OF PLAY INSTEAD OF RELEASING.....GOING THROUGH THE PROCESS.....SHIFTING.....[group chuckles].

Yes, it is play. How do you learn to be creators? You play. That is what a four-year-old would do, and in some ways that is where you are at. Don't expect yourselves to be masters, and do not judge yourselves based on that expectation. You are beginner conscious creators, because you are just waking up into that consciousness. You have done some of it in the past, but this is a new living field and it operates differently. It's a different operating system, and there is a learning curve, as some of you would say. No one can claim that you are optimal master creators, yet. But, by the end of this year you will be well on your way to having more confidence.

I HAVE ANOTHER QUESTION ABOUT THE KIDS. I HAVE A MIDDLE SCHOOLER, AND IT DOESN'T LOOK LIKE THINGS ARE GOING TO LOOSEN UP AND GET MORE HUMANE. I'M WONDERING WHAT WE CAN DO FOR THE KIDS THAT ARE IN THE SYSTEM RIGHT NOW.

Well, that's a good question. Know that these new souls are strong. Give them some opportunities to do what they need to do for themselves outside of the classroom. You will be somewhat of a coach or a guide, and you will provide for them opportunities and experiences that support their soul's current. You will notice what their interests are, and what they need to grow or fulfill the next thing that they need to accomplish. Supply them. So, if your child is not being supported in school because they do not have the options, then after school and weekends become another opportunity for their experience to grow and be supported.

The other thing is to teach them very young how to energetically take care of themselves. They are sensitive, and also they are very aware and conscious. They need to be able to sort out what is theirs from what isn't theirs. They need to also know ways to support their own learning styles. Each one has a certain style, but there are some unique ones. Read up on them if you wish, and help them learn how to support themselves. Some children need motion, for example, and they can't move about because they're stuck in a desk. They need a notebook and colored pencils or pens, and permission from the teacher to doodle, so that they can keep in motion and learn. Other children are heart children, and they need to have an awareness of boundaries and that they are not the heart of the whole room. They are the heart of themselves and their way of making connection is to know fully what they feel, not what everyone else feels. So, they need language for their emotion, language for their heart, so they understand how to communicate it.

So, there are things that each child will give you as a parent that are opportunities to know them, and then you can assist or respond by being the educator or guide, so to speak. Then they will learn how to deal with things themselves, because they are not with you when they are at school, and they need to

have some tools and understandings. At times you may need to advocate on behalf of them with a teacher or other person in charge for certain things that they need. So, you are more active as a parent of a new child, an active participant and active guide, you see?

I'D LIKE TO FOLLOW UP ON LETTING GO OF DUALITY AND MOVING INTO THE NEW LIVING FIELD. I FEEL LIKE I'VE DONE THAT THIS LAST YEAR IN EVERY WAY I POSSIBLY COULD, FROM GETTING OUT OF A 20 YEAR MARRIAGE, LEAVING A BUSINESS, DISENTANGLING THE NETWORKS THAT SUPPORTED ME FINANCIALLY, AND EVEN HAVE JUST LET GO OF MY PHONE AND INTERNET SERVICE. PLUS, I'M NOT EVEN SURE THE JOB I HAVE IS WHERE I WANT TO BE, OR IF THE POSSIBLE PLACE I AM MOVING IS RIGHT FOR ME. THERE IS A FREEDOM FOR ME IN LETTING GO OF WHAT I IDENTIFIED WITH FOR 20 YEARS, BUT IT'S ALSO REALLY SCARY AND MY ROOT CHAKRA IS DOING A THING ON ME. IT HAS OCCURED TO ME THAT I COULDN'T HAVE CREATED A GREATER WAY TO FACE MY MOST BASIC FEAR THAN WHAT I'VE DONE. RIGHT NOW I AM HEARING EVERYTHING YOU ARE SAYING ABOUT THIS NEW WAY OF BEING, BUT COULD YOU GIVE ME SOMETHING PRACTICAL [laughter] OR A COUPLE CLUES FOR ME PERSONALLY TO HELP ME NOT FOLLOW SO MUCH FEAR WHEN I'M FACED WITH BILLS AND OTHER PRACTICAL THINGS?

Ah, that is the old survival fear that can trip you up at the time when you feel you most want to open. Life is not going to let you fall. The great living field will catch you. As you open every day into this shift, there is a way that you do feel a sense of what is it in this day that brings you life, that opens you to life. Perhaps it is just stretching, perhaps it is a sense of engaging with others, and perhaps it is a way of honoring your own creativity in some way. Perhaps it is just gratitude for life. In the beginning of the day, choose something, one thing that opens you to life. That's practical. Breathe into that experience, and let the hips open. Then, before you focus on what you will do that day, or how to get money, let yourself have at least five minutes of a playful, receptive attitude. You can sit with a question, if you wish, of what will resource me. What do I need to open to, draw upon, or attract that is sourcing for me.

So, you begin to open that and play with it. Let yourself relax a little bit, even though there is some fear. The fear will not keep it from you. Allow the relaxing, the opening, and the playing. As you choose that, it is impossible to stay afraid while you play. You can't play and be afraid, because they don't sync up. So, if you need help to play and know of others who are playful, then call them up. Do a five-minute playful conversation, or show up, or ask them to play with you. If you don't know anyone, then find a child and play. There might be someone who would like to play with you.

Allow yourself to relax a little bit more into what is sustaining. Jobs that are temporarily sustaining are usually stepping-stones. This job you are in is a stepping-stone, a place to begin. So, you start with the structure that is there. You create a structure within a structure. Perhaps the structure is not vibrating with enough life, and what you want to create has more life. So, where can you create what you want to create, where there is a sense that it can expand, be sustained, and grow? Look around, and open to receive. You already have the beginning of your new life. You had a time to begin the new structure of your life, and now it needs a place where it can grow.

WOULD YOU PLEASE ADDRESS A COMMON PROBLEM THAT HUMAN BEINGS HAVE WHERE THEY WERE GIVEN PAST PROGRAMMING THAT THEY WERE UNLOVABLE AND UNWORTHY OF HAPPINESS AND GOOD THINGS. SUCH PEOPLE HAVE DIFFICULTY EVEN OPENING UP TO A NEW MATRIX AND NEW ENERGY IF THEY HAVE A CORE BELIEF SYSTEM THAT THEY'RE NOT WORTHY OF THAT.

Yes, belief systems are inherited or taken on in childhood in an unconscious way, and people continue to use that structure. Typically, those structures are responsive to unconditional love. Even though they have the belief they are unlovable, love still exists. Sometimes the structure seems unresponsive or is not moving. By holding on to such a structure, a person or soul may continue to use the old operating system for the purposes that they need in order to bring some completion. Belief systems are not taken on accidentally, but are chosen to work with. If a soul has chosen one of these belief systems that is not easily opening to this new living field, then they are also choosing to use the old system to complete whatever their soul is needing to complete there. Everyone is not yet to the point of choosing. Some need longer, and that is why we spoke of completion in the old structures, the old matrix. That applies to individuals, as well. So, their timing might be different.

Have any of you in this room had a belief of being unlovable or unworthy? [many voices saying yes with chuckle of recognition] Have you found ways to transmute it or transform it? You have worked with it, yes? Therefore, are you not guides for those yet to come? You have experience, and you have a story. You are light, one who can reach into that structure because you understand it and you have ways of assisting others to come through it. But, they have to find you and you have to find them. That happens when a soul is ready.

WOULD YOU SPEAK A LITTLE BIT ABOUT THE KIDS BORN AROUND 1988 AND 1989. IT SEEMS THAT IN THE LAST FEW YEARS I HAVE ENCOUNTERED MANY OF THESE YOUNG PEOPLE WHO ARE HAVING A VERY TOUGH TIME, AND MANY FAMILIES ARE HAVING A TOUGH TIME WITH THOSE CHILDREN. I WOULD APPRECIATE A LITTLE CLARITY ON WHAT THOSE KIDS ARE LEARNING TO DO AND WHY THEY'RE GOING THROUGH THIS.

In that particular age group, within a couple years on either side of that, they have a soul awareness that the old structure is not going to sustain them. So, they couldn't land in that. They had a certain way in which they almost felt like they needed to push it away. Perhaps we would not use the word rebellious, for that is a word more reflective of a use from an older generation, and we would not use that word in that way. Their nature is one where it is almost more of a sense of thumbing their nose. They have such a disdain for something that has no reality for them. But they have a very creative aspect, so they are sort of making up a reality in between the old one and the new one.

That made-up reality is not sustained by much except emotion, so they add a lot of emotion to it. It's not going to sustain very long, but it sustains long enough to stir up things as well as to sometimes push parents, teachers and other to where they, too, disengage from old structures. In a sense, there is a loosening up. They would be rather like the ones who would like to push the tower over. They don't want to rebel; they just want to see it topple. But they also need a reality structure in order to create, so they have a way of creating something in-between until they get to be about 18 or 19 and the next wave of their soul comes in. Then they will probably land in the new field, but at the moment they're kind of between the two.

SO THIS IS WHY THEY ARE EXPERIENCING SUCH PAIN?

Partly, because they don't have a place to plant themselves. If you can give them something to help them enter the new living field they will do so, because they know that they weren't born for the old. They are just lost in-between, but partly because they just want to push something over. Let them talk about what has no reality to them. Let them have some power, if they can, to do a little dismantling. They would like that.

One more thing about this age group is that some of them seek to do things like drugs, alcohol and other things because that is a sort of shift of reality, and they are trying to find that next reality. It is tempting, but if they get caught in that it is very disruptive. Coaching can be helpful so that they have some other options besides that. Many of them are very interested in other realities such as life after death, ghost stories, or intuition. Engage them there in these other realities. Give them connections to those other realities and opportunities so that drugs are not the only tempting option.

I WOULD LIKE FURTHER EXPANSION OF THE IDEA AROUND THE NEW CREATION BEING ABOUT FULFILLMENT RATHER THAN LONGING. IF I HAVE SOMETHING THAT I WANT TO BRING INTO FORM, AND WOULD LIKE TO APPROACH IT FROM A FULFILLMENT PLACE, HOW MIGHT I DO THAT?

Well, if it is not yet in form and you wish to experience it in form, then you already have an awareness of what that is, yes? So, how much do you want it, say on a scale of one to ten with ten being absolutely?

THAT'S A GOOD QUESTION. IT FEELS LIKE A SHOULD, EVEN THOUGH AS I MOVE INTO IT, IT WILL BE ABSOLUTE DESIRE. SO, I RECOGNIZE SOME RESISTANCE TO GETTING STARTED.

The fulfillment aspect is that which knows what is in alignment with your soul, your core, and your instrument. If you imagine yourself in that place, does it feel fulfilled?

YES

And, are you willing to let your soul and creation inform it in such a way that it might be tweaked on the way to be even greater than you might have perceived it.

YES, I WOULD LOVE TO BE IN THAT PLACE.

So, you align your desire or longing with the conscious creator and sense of the fulfillment. When you awake in the morning is one good time to do this. Mornings are very precious times, because mornings are when your consciousness wakes up and you make choices for your day. So, give yourself some opportunity to daydream about how it would feel to be in that life. Experience it, feel it, open the possibility, and ask the conscious creator self what is the first step, and then do it. The "proceed" part is also important. You have to invest a bit in the creation. It doesn't just happen. You set it up, you vibrate, you align, you plant your root, you drink in from the well of all of which is supporting and sustaining, and then you do what you feel is next. You proceed. And every time you proceed you will feel a little wave of joy or excitement, and that is your clue that it is in alignment.

I HAVE SOME CONCERN ABOUT THE LABELS WE GIVE THESE NEW CHILDREN. I WONDER IF THESE DISCUSSIONS ABOUT INDIGO CHILDREN AND CRYSTAL CHILDREN ARE CREATING DICHOTOMIES FOR THESE CHILDREN THAT ARE COMING IN. IT MAKES THEM SOUND AS IF THEY ARE WAY DIFFERENT THAN WE WERE, THAT THEY'RE ALL VERY SPECIAL, THAT THE OLD MATRIX IS MUFFLING THEM, OR WHAT HAVE YOU. ARE ALL THE NEW CHILDREN WAKING UP INTO THE NEW, AND SHOULD WE BE SINGLING THEM OUT FOR SPECIAL TREATMENT?

Some of the children have been born to yet do some completion in the old structures. So, there are some doing that in big bodies and little bodies. It doesn't really matter, for souls are souls and they choose where they need to do what they need to do. Some still choose to do it in the old structure because that is where they need to complete, and others are choosing to do it in the new structure. We don't label the kids who are coming into the new structure. We just say that they are the new template, the new kids. And they do vibrate in this new field. But, it is not something that they have to choose. You ones are the choice generation, and then there are those below you and above you in age that are also at choice.

Many of you did not choose to fully be in the old structures, so you didn't land all the way. Many of these children who are completing in the old are also not landed all the way, but they are there in order to complete. So, be present with all of life. Acknowledge each soul and the wisdom of their own choosing, whatever and wherever they are. The old mind loves to have labels, and loves to define and box, and understand. That's the nature of the old structure. It's not yet used to being with the ever-present consciousness, and allowing connection in the moment based on what is real. It's not quite used to it, but that will come.

All the children need to be trusted, acknowledged, and honored whether they exhibit some of the traits of the new template, or whether they seem to be charging full steam ahead into duality. It's all fine, because that is what the choices are right now. There are many souls who have said, ah, we have a few years and I am going to do what I can do to complete. So they are doing it very fast, and they are very disruptive.

I ALWAYS LIKE TO ASK WHAT YOU WOULD WISH US TO KNOW THAT WE HAVEN'T KNOW ENOUGH TO ASK [laughter]

Well, out of the vast possibilities [laughter].....we get to pick..... What we would say in this time is to allow yourselves to acknowledge and honor, and maybe congratulate your perseverance, your tenacity, and all of what has gotten you to this place at this time. Some of you don't honor yourselves

quite as much as we do. We think you're wonderful, and we are amazed. As we look at you, we find that each soul is incredibly beautiful and strong. You have taken on tasks that some of us who aren't embodied haven't taken on because we didn't want to. You understand? We didn't have the tenacity of spirit to undertake what some of you have chosen to do. So we honor, acknowledge, and are very grateful for you. Without you this grand experiment could not have come to this place. It took embodied souls with great courage and tenacity to do so. Our part has been to sustain, assist, or guide at time, but that's easy. We consider our jobs very easy compared to what you have undertaken.

We would like you to now know that you are moving onto easy street, however [laughter and applause - and "it's about time"]. Not that there isn't SOME application [laughter], because you still have bodies. But, it is much different than the feeling of having to move through the old structures and having to release and release all of the density that you took on to transmute. Once you are now sustained in this greater field there is more play, there is more spontaneity, there is more of a sense of creating different experiences than in the past. You might even surprise yourselves at what you are creating. All you are beginning to be aware of is that you have another option, and there is another possibility. That possibility starts to create you, in a sense, and your experience, and that experience can be easier, more playful, and joyful while also being quite productive.

Yes, many of you have gone through very challenging times, with perhaps this last year being one of the most challenging. In a sense, your souls just said you have to do it so here we go. And you did it. So, we are applauding. You might applaud for yourselves [group cheering and applause]. So, to start the New Year applauding, that is very good. It can only get better, yes?

Living in this new living field is about creating, practicing, playing and becoming conscious creators. That is the place where you have stepped, you have become, you are choosing, and you are growing. Many have not chosen this place because they are completing in the old structures. Some of you may interface and be guides offering assistance and healing to those who are seeking assistance to shift for themselves. But, there are those who are still quite immersed and quite convinced that duality is the only reality. You will not convince them that there is something else. Do not try. Let them create what they are creating, knowing that responsibility and consequences are coming home to roost more and more. They will learn, will they not? And why are they here? They are here to learn, to balance karma, and to create their transition for this time. That is their job, so no judgments if that is possible, even though at times you might feel like it. Realize that your energy is now focusing into life and what life would like to create through you, with you, and with the dynamic, the support, the sustenance, the resources, and all that is needed to come together. Open the door. Here you come.

So, blessings.... [applause from group] Ah, we get a little applause. That is nice. We are bowing.....

If you would open your hearts, we would like to touch each of you. Since we are not in body, we touch you in the way that we can, which is with love. Let yourselves feel our touch, our embrace. Know that you are magnificent and we love you dearly. Know that if you have a need in each day, all you need to do is strum your inner guitar. Acknowledging what is real within you has more impact and effectiveness than any thought you could give that moment. And know that each time you strum your guitar of self and the qualities of soul that you are, we hear you. We receive that and we magnify with you in that moment so that that moment has more possibility and potential than it had before you did that. Life opens into that possibility and something new can happen. Play, create, dance, and open to receive all that is here for you now. Blessings, dear ones. Happy New Creation.